



Fall Newsletter 2019

Happy Autumn!

Our fall season began with National Literacy Month in September. The Lee County Literacy Coalition (LCLC) hosted an awareness event at Side Track Coffee in Opelika. LCLC is excited about introducing new faces, expanding outreach, programs and service delivery. Read on to learn more about our 2020 Vision and more.

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Financial Literacy Workshops

Control Your Money – This two-session workshop offers basic financial information, such as creating a budget, how to track spending, managing a checking or savings account, and using credit wisely. Workshops are available at no-cost. To register, call 334-705-0001 or

email info@leecountyliteracy.org.

East Alabama Medical Center - Education Center
2027 Pepperell Parkway, Opelika

- November 13 - 14, 2019 10:00 AM - 12 Noon
- December 5 - 6, 2019 5:00 PM - 7:00 PM

How Did You Become a Reader?

Imagine for a moment what it would be like not being able to read. Join Lee County Literacy Coalition as we ask guests how they became readers to remind us of the joy and empowerment reading offers. Guests will share important community resources and events of interests. This exchange hopes to engage, inspire and call listeners to action. Let's improve literacy in Alabama, one conversation at a time. Click to listen, www.leecountyliteracy.org/events-news.





One to One Tutoring

For an adult to admit that he or she cannot read or make simple calculations can be embarrassing. Lee County Literacy Coalition offers one-to-one tutoring for reading, writing, math, computer, and GED preparation to individuals in the Lee County and surrounding areas. Learners are paired with tutors after an initial intake. Once paired, an introduction is scheduled. Learners and tutors then agree on weekly session times and location. Our tutors are trained and will respect the learner's privacy and anonymity as well as their learning goals. Whether it's improving your reading to read to your grandchildren, obtaining a driver's license, passing a test to get a promotion or to obtain your GED; we are here to help. Financial, health, computer and family literacy workshops and programming are also available. Let's get started!

For more information, visit www.leecountyliteracy.org or scan the code.



Workplace Wellness

Our office has begun a wellness campaign to explore simple activities that will benefit workplace wellness, physically and mentally.

Concentrating on small actions to promote mindfulness will ultimately improve overall performance in the workplace. For starters, we calculated how much time, and how many steps it takes to walk one lap around both of our buildings. From that we determined the total steps for a week, month and year to walk one lap around both buildings daily. Here's what we found:



Both buildings lap- 405 Steps
(6 Minutes)

Weekly 2,025 Steps (1.01 miles)

Monthly 8,100 Steps (4.05 miles)

One Mile = 2,000 Steps

Yearly 97,200 Steps (48.6 miles)

Find ways to engage mindfulness daily. Commit to 5 – 10 minutes away from the computer screen, silence your mobile phone for 30 minutes, or take a brisk walk or any motion for 15 – 30 minutes. These are all great steps to improve your overall wellness.

Ways to Get Involved

- Volunteer
- Share Our Mission
- Sponsor an Event
- Donate

1365 Gatewood Drive
#519
Auburn, AL 36830

334-705-0001
info@leecountyliteracy.org
www.leecountyliteracy.org

Services and workshops
are available at no-cost
and open to the public.



Book Donations

As the holiday season approaches, consider donating your gently used books for our lending library. Drop off is available anytime, Monday – Friday from 8:00 am – 4:00 pm. A bin is placed outside the office door for convenience during other times. For more guidance, www.leecountyliteracy.org/book-donations.

Meet Our Team

Patricia Butts • Executive Director

Ms. Butts has over 20 years of experience in change management, public relations, strategic planning, program performance, staff development and adult education and training. Patricia's career has always been about service. After serving in the United States Army, she worked with military families, in the states and abroad, at Fleet and Family Support Centers in the Hampton Roads and Commander, Navy Installations Command in Washington, D.C. Volunteerism and advocacy were natural progressions. Originally from Virginia, Patricia is pleased to call Alabama home.

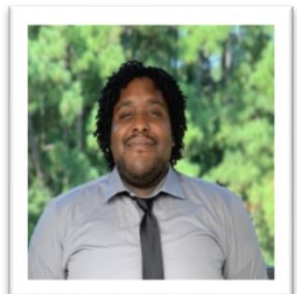
Jane Gray Eiland • Program Coordinator

Jane Gray is an Auburn native, and Auburn University Alum. She graduated with a bachelor's degree in human development and family studies, with a minor in philanthropy and nonprofit studies. She and her husband are recently married and reside in Beauregard, Alabama.

Interns • Dion DeWitt and Simon Cox are currently serving as fall interns. Dion helps with our outreach and tech activities while Simon focuses on data mining and logistics projects. Both are amazing assets to our team.

Lee County Literacy Coalition is thankful for our volunteer tutors for their valuable contribution and dedication to the learners and our organization.

Active Tutors • Kathy Bailey • Diana Bilgili • Catherine Buckhalt Courtney Lane • Dana Camp • Diana Eidson • Michelle Furey Bruce Green • Sue Hill • Charlie Lesh • Addie McPhail Ann Monley • Carolyn Moore • Aldona Petrenas-Mann Arlene Oost-Zinne • Reba Sanders • Patsy Thomas Jeanna Thomas • Valerie Townes • Susan Webeler





DID YOU KNOW?

LCLC Tutors have:

- a library full of workbooks, flashcards, and learning materials.
- GED Academy online classrooms - 8 spaces are available.
- Online learning resources and materials on the LCLC website under the "Tutor Tab".



A United Way Agency

Health Literacy Workshops

November will launch a series of webinars facilitated by Auburn University Pharmacy Students: Anna Lee Petitt, Cailyn Sandoval, and Shelby Harris. This dialogue will focus on the importance of a pharmacist, and their assistance to the patient. Webinars will be pre-recorded and available on-demand starting **November 14, 2019** on the Lee County Literacy Coalition website.

www.leecountyliteracy.org.

Stay tuned for workshops in January that will share information about self-advocacy; how to understand food labels to make informed choices, prepare and ask questions of health care providers for a better understanding of medical advice and instructions.



Basic Tutor Training

Interested in becoming a volunteer tutor! LCLC is looking for individuals willing to encourage others, share positivity and make new, fulfilling connections. On average, the time commitment is about one-hour per week assisting a learner, plus preparation and travel.

The next step is for you to complete the Basic Tutor Training. Here, you will learn the fundamentals to get started! The next training is scheduled for **Saturday, November 9, 2019.**

9:00 am-12:00 pm, Lee County Literacy Coalition - 1365

Gatewood Drive #519, Auburn, Alabama. To register, call 334-705-0001 or email info@leecountyliteracy.org.

Computer Literacy Workshops

Understanding technology and how to utilize it is a necessity in today's world. Computer Literacy Workshops resume on **Tuesdays and Thursdays; November 5, 7, 19 and 21, 2019 – 10:00 am – 11:30 am.** Workshops will help adults learn the

basics of Windows, internet safety and more. Workshops are available at no-cost. Seating is limited and registration is required, call 334-705-0001 or email info@leecountyliteracy.org.

